

# 2012 Revised Northwest Lifeguard Test Schedule

**Sun, March 4**  
**Meadowbrook**  
(206) 684-4989  
8:30 a.m.  
10515 35th Ave NE  
Seattle

**Sun, May 20**  
**Evans Pool**  
(206) 684-4961  
8:30 a.m.  
7201 E Green Lake  
Dr N, Seattle

**Sat, June 16**  
**Madison Pool**  
(206) 684-4979  
8:30 a.m.  
13401 Meridian  
Ave N, Seattle

**Sun, Oct 21**  
**Evans Pool**  
(206) 684-4961  
8:30 a.m.  
7201 E Green Lake  
Dr N, Seattle

**Sun, April 15**  
**Medgar Evers Pool**  
(206) 684-4766  
8:30 a.m.  
500 23rd Ave. E  
Seattle

**Sun, June 3**  
**Meadowbrook**  
(206) 684-4989  
8:30 a.m.  
10515 35th Ave NE  
Seattle

## IMPORTANT STEPS AND INFORMATION FOR TAKING THE NORTHWEST TEST

1. Advance registration is required. Call the pool at least 3 days prior to the test to register. The test will be capped at 60 and cancelled if there are fewer than 10 people registered.
2. You must be at least 15 years old and have current American Red Cross Lifeguard & CPR/AED for the Lifeguard to take the test.
3. Grading criteria and test information is available at all City of Seattle Pools, NW Center Pools, Covington Aquatic Center or Federal Way Community Center and Pool. It is also available at [www.seattle.gov/parks/aquatics/lifeguardtest.htm](http://www.seattle.gov/parks/aquatics/lifeguardtest.htm).
4. There are two certified versions of the NW Test. The full/beach certification, and modified/indoor pool certification. Scoring of the timed Head High 50 Yard Swim and the Underwater Swim in the Medley will determine your certification level. Please check online or call your nearest pool for details.
5. Bring a pocket mask, swim suit and towel.
6. Use of goggles, nose plugs, swim caps or fins is not allowed during the test.
7. The test takes approximately 3 – 4 hours depending on number of candidates.
8. There is no charge to take the test. If a card is lost there is a \$5.00 replacement fee.
9. The NW Test Certification is valid for 2 years from the date of issue.

## INCREASE YOUR ABILITY TO PASS THE NORTHWEST TEST - TAKE THE NW PREP COURSE!

For more information call Meadowbrook Pool at 206-684-4989 or check the schedule of classes online at [www.seattle.gov/parks](http://www.seattle.gov/parks)

The NW Test is sponsored by King and Kitsap Chapter of the American Red Cross in cooperation with Seattle Parks and Recreation, the City of Federal Way, NW Center Pools and the City of Covington.



**SEATTLE PARKS  
AND RECREATION**